

# HOWARD FEBRUARY LUNCH MENU

BREAKFAST COST \$1.25

LUNCH COST \$1.80

PLEASE MAKE CHECK PAYABLE TO: W B. SCHOOL FOOD SERVICE

Mon	Tue	Wed	Thu	Fri
		1 CHICKEN & ZITI IN A LITE GARLIC BUTTER SAUCE BROCCOLI SLICED PEARS MILK	2 BEEF TACO WRAPS & RICE WITH VEGGIE TOPPINGS & SALSA DICED PEACHES MILK	3 PIZZA PARTY VARIETY OF TOPPINGS VEGGIE STICKS MIXED FRUIT MILK
6 CHEESEBURGER OR HAMBURGER ON A BUN CHIPS CORN GRAPES MILK	7 BRUNCH FRENCH TOAST STICKS SAUSAGES LITE SYRUP APPLESAUCE MILK	8 GRILLED CHEESE SANDWICH SOUP OF THE DAY CHIPS PINEAPPLE BITS MILK	9 BREADED CHICKEN NUGGETS MASH POTATOES GRAVY & PEAS CRANBERRY SAUCE MILK	10 PIZZA PARTY VARIETY OF TOPPINGS VEGGIE STICKS SLICED APPLES MILK
13 BREADED CHICKEN PATTIE ON A BUN CHIPS GREEN BEANS BANANA MILK	14 GRILLED HOTDOG ON A ROLL FRENCH FRIES BAKED BEANS DICED PEARS MILK	15 HALF DAY  NO LUNCH	16 MEAT LOAF MACARONI & CHEESE CARROTS STRAWBERRIES MILK	17 PIZZA PARTY VARIETY OF TOPPINGS VEGGIE STICKS MIXED FRUIT MILK
20 NO SCHOOL  WINTER BREAK	21 NO SCHOOL  WINTER BREAK	22 NO SCHOOL  WINTER BREAK	23 NO SCHOOL  WINTER BREAK	24 NO SCHOOL  WINTER BREAK
27 MOZZARELLA STICKS MARINARA SAUCE VEGGIE STICKS GRAPES MILK	28 CHOCOLATE CHIP WAFFLE & SYRUP SAUSAGES SEASONED POTATOES APPLESAUCE MILK	29 MACARONI WITH MEAT BALLS GARDEN SALAD GARLIC BREAD STRAWBERRIES MILK		

**BREAKFAST CHOICES:** ASSORTED CEREALS, EGG SANDWICHES, BAGELS, WHOLE GRAIN POPTART, WHOLE GRAIN PILLSBURY PANCAKES, NUTRIGRAIN BARS AND VARIETY OF MUFFINS. ALL BREAKFAST'S INCLUDES MEAT ALTERNATIVE, FRUIT, OJ AND MILK.  
**LUNCH:** HOT MEAL OR SANDWICHES: TUNA, TURKEY, HAM & CHEESE, CHICKEN SALAD, PB & J AND PB AND FLUFF. LOW FAT MILKS, YOGURTS, SALAD BAR AND FRUIT DAILY.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.